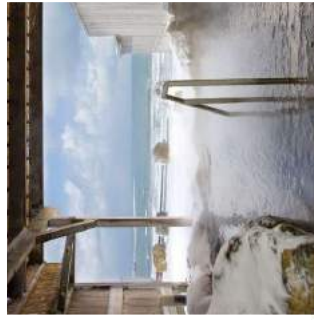




Your Winter Wonderland TOHOKU JAPAN



Contact Information

Tohoku Tourism Promotion Organization TEL:022-721-1291 <https://www.tohokukanko.jp/en/>
Mail: info-tpo@tohokutourism.jp

AOMORI	Aomori Tourism League https://www.en-aomori.com/ Mail: shinkanko@pref.aomori.lg.jp	YAMAGATA	Yamagata Tourism Production Association http://yamagatakanko.com.e.db.hp.transer.com/ Mail: yinbound@pref.yamagata.jp
IWATE	Iwate Tourism Association https://visitiwate.com/ Mail: AE0006@pref.iwate.jp	FUKUSHIMA	Fukushima Tourism Commercial Exchange Association https://fukushima.travel/ Mail: tourism@pref.fukushima.lg.jp
AKITA	Akita Tourism League https://www.akitafan.com/en/first Mail: Kanko@pref.akita.lg.jp	NIGATA	Niigata Tourism Association https://enjoynigata.com/en/ Mail: ngt150020@pref.nigata.lg.jp
MIYAGI	Miyagi Tourism League http://japan.miyagi-kankou.or.jp/e.afh.hp.transer.com/ Mail: asia@pref.miyagi.lg.jp	SENDAI	Sendai Tourism Convention & International Association, Fnd https://sendai-travel.jp/ Mail: kei008000@city.sendai.jp



Draw spur on untouchable powder snow This real excitement is unique to Tohoku



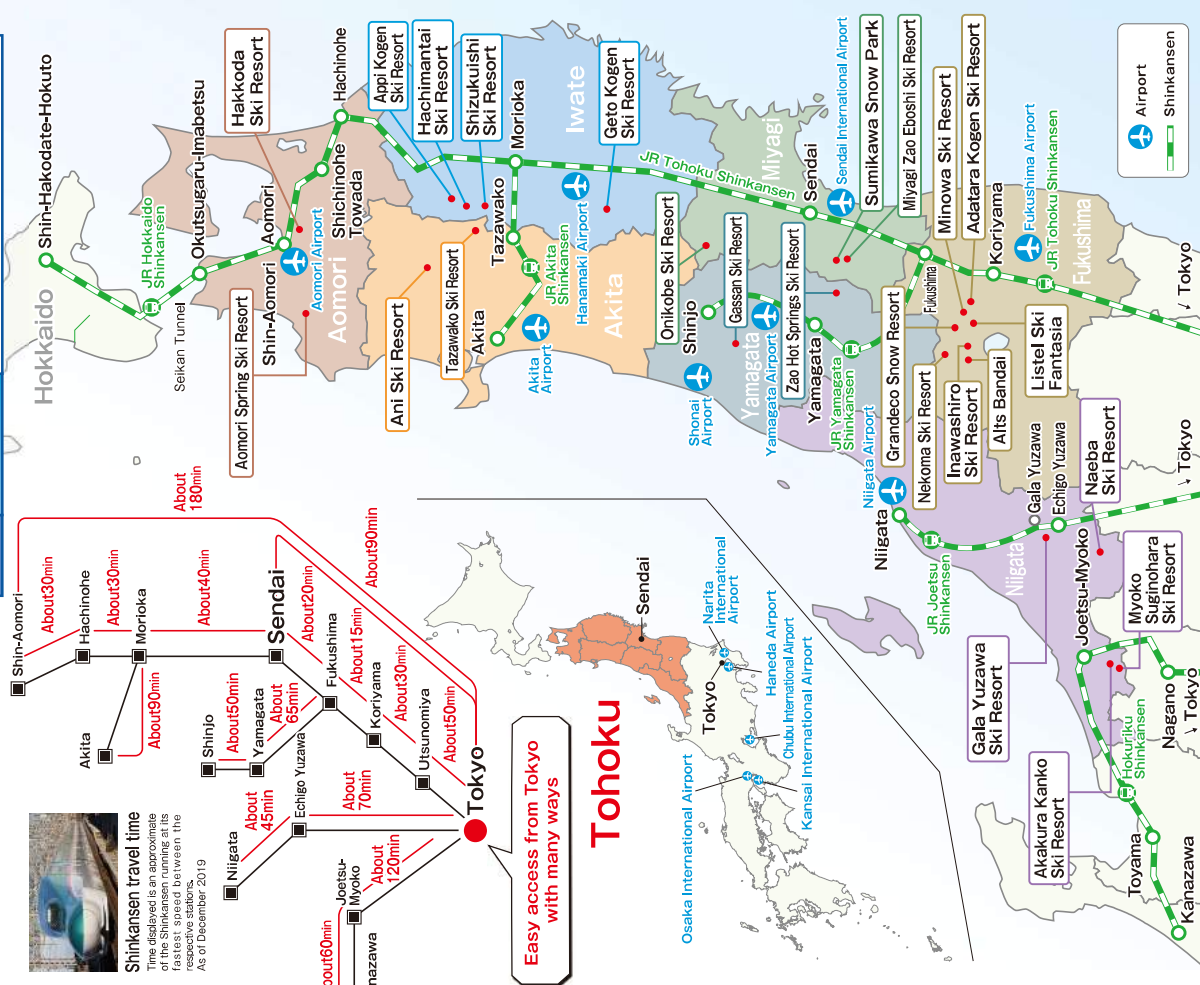
Standing on the top of the slope, taking a deep breath while overlooking the distant mountains and blue sky. The exhilaration of jumping on the slopes in the scenery. Fine powder snow, which is recognized by top athletes, is waiting for you. The ski slopes in the Tohoku region have a wide variety of courses, and there are many ways to enjoy skiing such as long-running skiing and authentic tree skiing.

After enjoying skiing on the beautiful powder snow as much as possible, relax in a hot spring bath which are Tohoku region's pride. You can enjoy a variety of hot water even in one hot spring area, and refresh your body and mind.

After relaxing at hot spring bath, the beautiful dinner is next. In Tohoku, there are a lot of local specialties and liquors that you can enjoy. Local foods and tasty sake bred in the snowy country and the beautiful powder snow that will captivate you forever.



ACCESS MAP



Sendai can also be easily accessed from Tokyo!

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Facilities

- Hot Springs
- Open-air Bath
- Sauna
- Coin Laundry
- Dryer
- Wi-Fi
- Bed
- Bar
- Credit Card
- Electronic money / Smartphone payment

Consumption tax, service fee and bathing tax might not be included in the fee. * Electronic money / Smartphone payment is available only at facilities where some electronic money can be used.

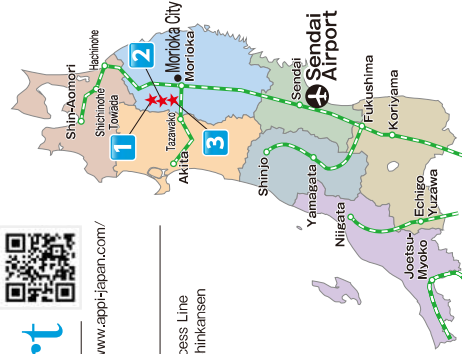


1 Appi Kogen Ski Resort

□ Location: Appi Plateau, Hachimantai City, Iwate □ TEL: 0195-73-5111 □ URL: <https://www.appi-japan.com/>
 □ Working hours: Monday-Saturday 8:30-20:00 Sunday・holiday 8:00-20:00
 * Subject may be changed depending on year, season and plans.

Transportation

25 minutes from Sendai Airport to Sendai Station by Sendai Airport Access Line
 1 hour 10 minutes from Sendai Station to Morioka Station by Tohoku Shinkansen
 1 hour from Morioka Station to Appi Kogen Station by Hanawa Line



Enjoy the various winter sports at highest scale in Japan.

Appi Kogen Ski Resort is one of the biggest ski resorts in Japan. Average sliding distance of all 21 courses is approximately 2,100 meters! The longest track is 5,500 meters. This 282-hectare ski resort also offers one 8-seater gondolas, three quad lifts, 11 regular gondolas and, of course, has a lift. It is said that being located at 40 degrees north latitude 1,300 meter tall Appi Plateau is comparable to Hokkaido's 3,000 meter alpiners during winters. Mountain's northern slope is also being developed for skiing. Enjoy the extremely low water content, the so-called, aspin snow.



Appi Kogen New Year's Eve Fireworks (December, 31)



Rental Station



Tree run skiing to enjoy superb snow quality

About the Ski Resort

Open Season Course	Early/December - Early May
Lift	Two-seater/7 Four-seater/3
Gondola	Capacity/8 1
Longest course	5,500m
Elevation	1,304m
Difference of elevation	805m
Maximum angle of inclination	34°
Course Ratio	Advanced Course 30% Intermediate Course 40% Beginner Course 30%
Night Ski	16:00-20:00
Snowboard	Available
Rest House	4
Lift Tickets	
Two-day tickets	Adults: ¥10,900 Children: ¥6,300
One-day tickets	Adults: ¥5,600 Children: ¥3,300
Five-hour tickets	Adults: ¥5,300 Children: ¥3,000
Night tickets	Adults: ¥2,200 Children: ¥1,500

As of December 2019

Hotel Appi Grand Main Building & Tower

□ TEL: 0195-73-5011 □ Fax: 0195-73-5636
 □ URL: <https://www.appi-japan.com/>
 □ E-mail: appi_eng@htr.co.jp

Access to ski resort 0 minutes to slopes

□ Dining: (Dinner) Japanese, French, Buffet, Chinese, Korean (Breakfast) Japanese, Buffet
 □ Rooms: (Main Building) 229 (Tower) 174

Facilities



Appi Kogen Pension Village Board

It's only five minutes on foot from Appi Kogen Ski Resort to Pension Village. There are 22 pensions with approximately 10 rooms each available. We offer cosy homely space and special cooking.



INFORMATION <http://pv.appi-resort.com>

2 Hachimantai Resort



□ Location: Daiichi Chirai 509-1, Matsuo Yorii, Hachimantai City, Iwate
 □ TEL: 0195-78-4111 □ URL: <http://www.hachimantai.co.jp/en/> □ Working Hours: 8:30-16:30
 • Subject may be changed depending on year, season and plans.

Transportation

Change trains from Tohoku Shinkansen to Hanawa Line at Morioka Station Get off at Obuke Station
 30 minutes from Obuke Station to Hachimantai Hot Spring Village by Iwate Prefecture North Bus

Enjoyed by both adults and children

Panorama and Shimokura Ski Resorts are surrounded by grand Iwate and Hachimantai mountains. You can enjoy both resorts with a single ticket. You can find a variety of items and other facilities where you can enjoy skiing and snowboarding for both adults and children in the slope area.

3 Shizukuishi Ski Resort



□ Location: Takakura Hot Springs, Shizukuishi Town, Iwate-Gun, Iwate
 □ TEL: 019-693-1114 □ URL: <http://www.princehotels.com/en/ski/shizukuishi/>
 □ Working Hours: Everyday 8:30-16:30
 • Subject may be changed depending on year, season and plans.

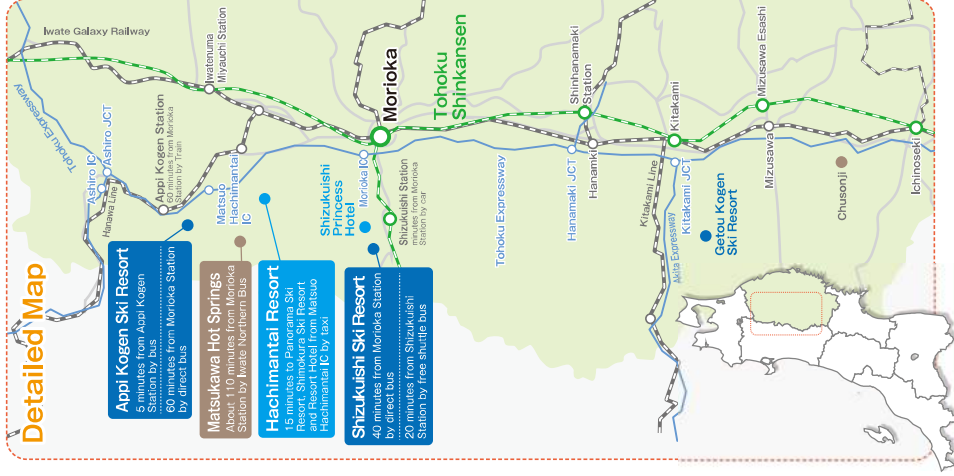
Transportation

20 min taxi from Shizukuishi Station on Akita Shinkansen line, 40 min taxi from Morioka Station on Tohoku Shinkansen line. The bus is also available from Morioka Station for weekdays with prior booking (50 min from the station). A free shuttle bus runs daily from Shizukuishi Station. It does not run during the New Year holidays from December 28 to January 5.

Ski while enjoying the scenery of Iwate Mountain!

Northern Tohoku's dry atmosphere is perfect for high quality snow. Shizukuishi Ski Resort offers various courses from the beginner course in base area to the 4.5 kilometers long course from the top. We have ongoing "Kids Free Program" during this season as well which allows elementary school students and younger kids to use lifts without charge. You can rest your tired body after skiing in Shizukuishi Prince Hotel's, located just in front of the slope, open-air bath (Shizukuishi Takakura Hot Springs) which was even acknowledged as Hot Spring Heritage. There are also a lot of tourist attractions around including the Kōwai Farm.

Detailed Map



About the Ski Resort

Data comes from both Hachimantai and Panorama Ski Resorts.

Open Season	Middle of December-Late March
Course	14
Lift	Two-seater/5 Three-seater/1 Four-seater/1
Longest Course	2,700m
Elevation	1,130m 550m
Difference of elevation	37°
Maximum angle of inclination	37°
Course Ratio	Advanced Course 20% Intermediate Course 30% Beginner Course 50%
Night Ski	16:30~20:00
Snowboard	Available
Ski Rental	Available
Rest House	3
Lift Tickets	
One-day tickets	Adults: ¥4,200 Children: ¥2,900
Five-hour pass	Adults: ¥3,700 Children: ¥2,700

As of December 2019

About the Ski Resort

Open Season	Middle December-Late March
Course	11
Lift	Two-seater/4 Four-seater/1 Capacity/101
Longest Course	1
Elevation	4,500m
Difference of elevation	1,128m 702m
Maximum angle of inclination	33°
Course Ratio	Advanced Course 20% Intermediate Course 40% Beginner Course 40%
Night Ski	Available
Snowboard	Available
Ski Rental	Available
Rest House	3
Lift Tickets	
One-day tickets	Adults: ¥4,300* Children: Free
4,500yen for the New Year holidays	
Four-hour tickets	Adults: ¥3,800* Children: Free
4,000yen for the New Year holidays	

As of December 2019

*Except for year-end through new year's days & spring skiing period

All areas are easily accessible from Morioka

It is easy to reach both Shizukuishi and Appi Kogen Ski Resorts by bus or train from Morioka station. You can enjoy yourselves at the slope during daytime while finding something good to eat around Morioka Station during evenings. How would you want to enjoy your night in Morioka? We highly recommend visiting the World's Cultural Heritage Chusonji Temple.



Experience the unique atmosphere of hot springs.

You can find many hot springs at 1400 meters high Akita Prefecture's border area. Among them there is Yamai Hot Springs which has over 250 years of history. Turbid outdoor bath surrounded by trees is particularly famous. You can taste Japanese history from this traditional establishment.

Shizukuishi Prince Hotel

□ TEL: 019-693-1111
 □ Fax: 019-693-2336
 □ URL: <http://www.princehotels.com/shizukuishi/>



Access to Ski Resort

0 minute on foot to Shizukuishi Ski Resort
 Dining: (Dinner) Mixed Buffet
 (Breakfast) Mixed Buffet
 □ Rooms: (Western) 251



Hachimantai Resort

□ TEL: 0195-78-4111
 □ Fax: 0195-78-2058
 □ URL: <http://www.hachimantai.co.jp/en/>



Access to Ski Resort

0 minute walk to Panorama Ski Resort
 About 5 minutes to Shimokura Ski Resort by free shuttle bus
 Dining: (Dinner) Japanese, Western, Buffet
 (Breakfast) Japanese, Western, Buffet
 □ Rooms: (Western) 46 (Mixed) 41



4 Geto Kogen Ski Resort



□Address : Iwasaki Shinden, Waga-cho, Kitakami-shi, Iwate □TEL: 0197-65-9000 □URL: <http://www.geto8.com/english/>
 □Opening hours: 8:00-16:00 (first ski run) 8:00-16:30 (Regular / Spring seasons) 8:00-21:30 (Regular with night ski)
 * Subject may be changed depending on year, season and plans.

50 min. with the free shuttle bus from Kitakami station

Transportations

Abundant snow and long season attract people.

Slopes of Geto Kogen Resort with 14 summer courses and the 9 areas of free ski runs, which are featured by abundant snow, premium powder snow and long seasons, are all unique and plentiful. In particular, the non-compacted snow courses and free ski run areas with powder snow will satisfy all skiers and borders seeking beautiful snow from a far distance. The ski center has a food court with a total of 1,000 seats, ski gear rentals, nursery rooms, shops. Above all, the natural hot spring "Geto Kogen Onsen hot spring" will heal your tired body easily. Distant customers can be satisfied with the free shuttle buses and accommodation plans.



About the Ski Resort

Open Season	Late November to early May
Course	14
Lift	2-seater lift / 2 Chairlift / 1
Gondola	2 lifts
Longest course	2,980m
Elevation	1,070m
Difference of elevation	430m
Maximum angle of inclination	36°
Course Ratio	Advanced course 35% Intermediate course 35%

Course Ratio	Beginner course 30%
Night Ski	Available
Snowboard	Available
Ski Rental	Available
Rest House	3
Lift Tickets	
One-day tickets	Adults ¥4,900 Fee for elementary level and under
Five-hour tickets	Adults ¥4,500 Fee for elementary level and under
Twilight tickets	Adults ¥4,600 Fee for elementary level and under
Night tickets	Adults ¥2,000 Fee for elementary level and under

As of December 2019



Iwate Snow Festival

- Date: Every Early February
- Venue: In Kowai farm, Shizukuishi-cho, Iwate
- TEL: 019-692-4321
- Fax: 019-692-0303
- URL: <http://www.wateyukimatsuri.com>

Transportation

40 minutes from Morioka station by bus and get off at Kowai Farm Makibeen



Participate in Iwate's famous Snow Festival!

The winter event themed as "Play Snow!" is located near the grand mountain of Iwate. First eleven snow sculptures of various sizes, including "Kenji Ehon Heart Throbbing Maze Gate" and "Exciting Castle View Slider", are built. Enjoy Mongolian BBQ inside Kamakura snow hut and various other Iwate cuisine at stands. Snow sculptures and the road are illuminated by lights following the sunset. Fireworks are held every day from 19:30. You can borrow sleds and sleds to play even during the night.

Japanese Sake Made from high quality rice

Iwate is famous for its rice. Due to its tasty rice, pure water and the genius of Nanbu Toji, Iwate has also came to be known as sake capital of Japan. Some of the most famous sake brewing companies in Japan are located in Iwate. Taste the soft texture and smell of real sake yourself. Sake can be bought in liquor stores and souvenir shops.



Contact

●Iwate Tourism Association /
<https://visitiwate.com/?redir>
 Mail: AE0006@pref.iwate.jp

Tohoku's famous "Nyuto hot spring area" charms even the most picky hot spring lovers.

The seven hot springs located in Towada, Hachimantai Public Park and Nyuto Mountain are jointly called Nyuto Hot Spring Village. Nyuto Hot Springs offer over ten different hot water types. Soak in the hot springs while breathing fresh oxygen from the surrounding beech forest. Eat fresh vegetables and mushrooms from local area. Nyuto Hot Spring Village is blessed by nature.

<http://nyokan.global-promotion.com/>

Tsuru-no-yu Hot Springs

TEL: 0187-46-2139 FAX: 0187-46-2761
URL: <http://www.tsurunoyu.com/english.html>

Access to ski resort 20 minutes to Tazawako Ski Resort by taxi

Dining: Dinner Japanese (Breakfast) Japanese
Rooms: Japanese 35

Tazawako Onsen Resort

Access to ski resort 30 minutes to Tazawako Ski Resort by taxi

Dining: Dinner Japanese (Breakfast) Japanese
Rooms: Japanese 35

Tazawako Hot Spring Village

Access to ski resort 30 minutes to Tazawako Ski Resort by taxi

Dining: Dinner Japanese (Breakfast) Japanese
Rooms: Japanese 35

Tazawako Komagatake Station

Access to ski resort 30 minutes to Tazawako Ski Resort by taxi

Dining: Dinner Japanese (Breakfast) Japanese
Rooms: Japanese 35

Tazawako Lake

It is known of its tragic legend of a dragon and Princess Tatsuko



Akita traditional winter's Kiritanpo

To make Kiritanpo, freshly cooked rice is mushed, formed into cylinders around cedar skewers, and then toasted. For eating comfort it is served after taken separated from the skewers. Akita's traditional cuisine. You can boil it in chicken soup using local specialty chicken called Hihai-Jidori or cook it with miso.

5 Lake Tazawa Ski Resort

Location: Azashino Takarino 73-2, Tazawako Obonai, Senboku City, Akita TEL: 0187-46-2011
URL: <http://www.tazawako-ski.com> Working hours: 9:00~16:00 (Middle December-Late March)
8:00~14:00 (Late March-Middle April) * Subject may be changed depending on year, season and plans.

Transportation
30 minutes from Akita Shinkansen Tazawako Station by Ugo Public Bus (Nyuto Line)

Exciting Location

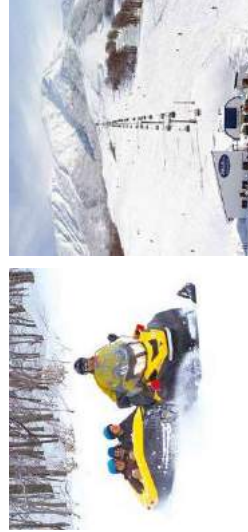
It's located on Tazawako Kogen at the slope of Mt. Akita Komagatake in Eastern Tazawako and is only 10 minutes from Lake Tazawa (Tazawako) by taxi. This world-class ski resort overlooking Lake Tazawa was used for the FIS Mogul World Cup. It has slopes for both advanced skiers for competitions and beginners for training. Snowboards are available. In the vicinity you can find Mizusawa Hot Spring Resort, Tazawako Kogen Hot Spring Resort and Nyuto Hot Spring Resort.



About the Ski Resort

Open Season	Middle December-Late March
Course	13
Lift	Two-seater/4 Four-seater/2
Longest course	3,000m
Elevation	1,186m
Difference of elevation	608m
Maximum angle of inclination	38°
Course Ratio	Advanced Course 40% Intermediate Course 30% Beginner Course 30%
Night Ski	Not available
Snowboard	Available
Rental Ski	Available
Rest House	3
Lift Tickets	Adults ¥4,100 Children ¥1,100 One-day tickets Five-hour tickets Four-hour tickets
Adults ¥4,100 Children ¥1,100	
Adults ¥3,700 Children Free	
Adults ¥3,200 Children Free	

As of December 2019



6 Ani Ski Resort



□Address: 79-5 Anikaginodaki, Kitakita-shi, Akita □TEL: 0186-82-3311 □URL: <http://www.aniski.jp/english/ani.pdf>
 □Working Hours: 8:45-16:00 * Subject may be changed depending on year, season and plans.

Transportation

25 minutes from Aniai Station on the Akita Inland Line
 (booking required) by tour taxi.

A beautiful group of frost covered tree near the summit connected with the gondola with 3.5 km distances

A ski resort overlooking the magnificent Ou mountain range. The whole resort is beautifully wrapped in frost covered trees and you can ski comfortably while enjoying the scenery. The "extra large frost covered tree" near the Gondola Summit Station can't be missed. The magnificent scenery you see while skiing between the beautiful frost covered trees is beyond exceptional. You can enjoy quality powder snow, "Juhyo Daira" where you can look at a range of frost covered trees closely, has a walking trail so you can enjoy looking the various forms of frost covered trees.



About the Ski Resort

Open Season	Early December to late March
Course	5
Lift	2
Gondra	1
Longest course	2,800m
Elevation	1,200m
Difference of elevation	663m
Minimum angle of descent	28°
Course Ratio	Intermediate course 40% Beginner course 60%

Night Ski	Not available
Snowboard	Available
Rental ski	Available
Rest House	1

Lift Tickets	
One-day tickets	Adults: ¥3,800 Children: ¥1,500
Five-hour tickets	Adults: ¥3,300 Children: ¥1,000
Three-hour tickets	Adults: ¥2,800 Children: ¥800

As of December 2019



Moriyoshi Mountain's frost-covered trees observation from gondola

It's only five minutes on foot from Mt.Moriyoshi Sancho Station to mystique enveloped rime tree field. The close vicinity of Ani Ski Resort's rime trees to the station is one of its charms. While low snow, green and maple seasons are a sight, nothing beats the scenery of Moriyoshi Mountain during winters with rime and abies sparking in silver mystique. It is a sight of a lifetime.

Lectures on frost-covered trees are open during the season.

□Location: Moriyoshizan Ani Ski Resort
 □TEL: 0186-82-3311
 □Period: Middle January - Early March
 25 minutes from Anai Station on the Akita Inland Line by tour taxi (booking required).

Transportation



Yokote Kamakura is Michinoku's One of the biggest snow festivals

Kamakura is 450 year-old traditional event for showing respect to god of water at the beginning of a new year. Children enjoy and treat visitors to sweet sake and rice cakes inside the igloo while praying to the god of water. Over 80 igloos inside the city are full of chatter until the sun rises.

□Location: Street Park in front of Yokote City Hall Main Building, Futaba-cho Kamakura Doori, Haguro-cho Buke Yashiki Doori, Yokote Park, etc
 □TEL: 0182-33-7111 (Yokote-shi Tourism Association)
 □Period: Middle February

Transportation 10 minute walk from Yokote Station



7 Zao Hot Springs Ski Resort

□ Location: Yamagata City Zao Hot Springs, Yamagata □ TEL: 023-694-9328 (Zao Hot Springs Tourism Association)
□ URL: <http://www.zao-ski.or.jp/> □ Working hours: 8:30~17:00 * Subject may be changed depending on year, season and plans.

Transportation
About 60 minutes from "gourmet" Yamagata Airport by shared taxi. (Reservation required) Reservation should be made by 17:00 the previous day (Tando Taxi 023-652-0757)
Tokyo-Yamagata Station (About 2 hours 30 minutes by Yamagata Shinkansen) Sendai-Yamagata Station (60min by JR San'ya Line) 40 minutes from Yamagata Station by bus



Largest Ski Resort in Tohoku

Zao Onsen Ski Resort where is located in Yamagata-shi has developed together with Zao Onsen hot spring towns. It is the largest ski resort in Japan and has a wide variety of courses, making it a mecca for Japanese skiing. It is the ski resort that represents Tohoku along with Appi Kogen ski resort. It has been open since 1925. It opens every 1st Saturday of December. This resort is well known in worldwide for skiing while looking at the ranges of frost covered trees.



About the Ski Resort

Open Season	Early December-Late May
Course	26
Lift	One-seater/2 Two-seater/24 Three-seater/2 Four-seater/4
Ropeway-Gondola	Zao Ropeway, Sancho Line (max. 53 people) Zao Ropeway, Sancho Line (max. 18 people) Central Ropeway/ Capacity/ 101
Longest course	Sky Cable/ Capacity/ 4
Elevation	About 10km
Difference of elevation	1,561m
Maximum angle of inclination	881m
Course Ratio	38° Advanced Course 20% Intermediate Course 40% Beginner Course 40%
Night Ski	17:00~21:00
Snowboard	Available
Rental ski	Available
Lift Tickets	
One-day tickets	Adults: ¥5,000 Children: ¥2,500
Two-day tickets	Adults: ¥9,600 Children: ¥4,800
Three-day tickets	Adults: ¥13,800 Children: ¥6,900
Four-day tickets	Adults: ¥18,000 Children: ¥9,000
Night tickets	Adults: ¥2,400 Children: ¥1,200

As of December 2019

Known all around the world Artworks of nature – Frost-covered Trees

Famous around the world the artistic frost-covered trees are weaved by Zao mountain range special weather and vegetation. It is a sight of a lifetime. The trees change their faces of beauty between days and nights. Even if you don't enjoy skiing or boarding the scenery alone is worth a visit.

Frost-covered trees observation information

- Light-up schedule: Late December – Late February
- Light-up time: 17:00-21:00
- Location: Near Mt. Jizo Sancho Station of Zao Ropeway





About the Ski Resort

Open Season	Early April-Late July
Course	2
Lift	One-seater (T Bar) / 2 Two-seater / 1
Longest course	1,670m
Elevation	1,670m
Difference of elevation	470m
Maximum angle of inclination	35°
Course Ratio	Advanced Course 30% Intermediate Course 40% Beginner Course 30%
Night Ski	Not Available
Snowboard	Available
Rental ski	Not Available
Rest House	1
Lift Tickets	
One-day tickets	Adults: ¥4,700 Children: ¥3,500
Morning tickets (8:00~13:00)	Adults: ¥3,500 Children: ¥2,800
Afternoon tickets (12:00~16:30)	Adults: ¥3,500 Children: ¥2,800

As of December 2019

8 Gassan Ski Resort

□ Location: Shizu-Ubasawa, Nishikawa-cho, Nishimurayama-gun, Yamagata □ TEL: 0237-75-2025
□ URL: <https://www.gassan-info.com/en/> □ Working hours: 8:00~16:30
* Subject may be changed depending on year, season and plans.

Transportation About 70 minutes from Yamagata Station by taxi, About 60 minutes to Nishikawa-cho by express bus.



| Gassan Shizu Hot Springs | Yukihatago Lights

Creating fantastic snow streets

Gassan Shizu Hot Springs was an inn town for people visiting Gassan in the past. To reimagine this historical feeling it was decided to make a 6-meter tall inn out of snow as an event worthy of the region. One of the characteristics of Yukihatago (Snow Inn) lights is that you don't need to pile up snow as its naturally piled up already. As the snow melts it supplies the surrounding trees with water. The event takes advantage of all natural conditions.



Festival Information

Schedule: Late February - Early March Location: Gassan Shizu Hot Springs



Enjoying charming summer

An odd ski resort only open from early April to late July due to problems with access during more snowy winter months. It is called a meka of summer skiing due to attracting ski fans from all around the country during warmer seasons.

LINE QR code
Gassan ski resort
Details can be
found here ↓



Zao Hot Springs have 1900 years of history.

Zao Hot Springs were found by Kibi-no Takayū during Yamato Takeru-no Mikoto expedition 1900 years ago. Zao is fueled by a strong sulfurous spring. It boosts the activity of mucoprotein polysaccharide in one's body which results in higher body water level and thus younger skin and healthier blood vessels. While they also have positive effects on heart, constipation and glycosuria, Zao Hot Springs are best known for their treatment of skin diseases. In Japan they are known as "Beautiful Skin Water".



Zao snowshoe trekking

Why not enjoy a walk in a mystique scenery of snowy mountains?

There are many parts where you can observe rime in Zao. In Gassan you can find many beech forests including the 400-years old "Solitary Beech". Safe tours with guides are available for cautious tourists. If you are lucky you might even run into a winter animal.



Meitout Ichimon Takamiya Group

Hotel Lucent Takamiya

TEL:023-694-9135 FAX:023-694-9519
URL:https://www.zao.co.jp/lang/en/lucent/

Access to ski resort

2 minute walk from Zao Ski Resort
Dining: (Dinner) Japanese (Breakfast) Mixed Buffet
Rooms: (Japanese) 40 (Mixed) 3



Takamiya Rurikura Resort

TEL:023-694-2520 FAX:023-694-2521
URL:https://www.zao.co.jp/lang/en/rurikura/

Access to ski resort

1 minute walk from Zao Ski Resort
Dining: (Dinner) Japanese (Breakfast) Mixed Buffet
Rooms: (Japanese) 6 (Western) 30 (Mixed) 4



Miyama-so Takamiya

TEL:023-694-9333 FAX:023-694-2166
URL:https://www.zao.co.jp/lang/en/takamiya/

Access to ski resort

8 minute walk from Zao Hot Spring Ski Resort
Dining: (Dinner) Japanese (Breakfast) Japanese
Rooms: (Japanese) 5 (Mixed) 14



Sendai-ya

TEL:0237-75-2218 FAX:0237-75-2588
URL:https://www.sendaiya.jp/

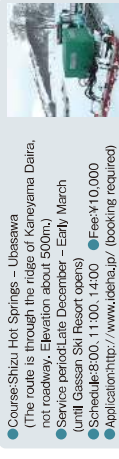
Access to ski resort

15 minutes from Gassan Ski Resort by taxi
Dining: (Dinner) Japanese (Breakfast) Japanese
Rooms: (Japanese) 13



Enjoy CAT (snowmobile) tour in Gassan until ski resort opens at early April!

You can enjoy a CAT (Snowmobile) Tour in Gassan. It seats twelve passengers and two drivers. Reservation is required.



Course: Shizu Hot Springs - Utsunawa
(The route is through the ridge of Kaneyama Daira, not roadway. Elevation about 500m.)
Service period: Late December - Early March
(until Gassan Ski Resort opens)
Schedule: 8:00, 11:00, 14:00
Fee: ¥10,000
Application: http://www.dela.jp/ (booking required)

Zao-no-Kaze Group

Zao Shiki Hotel

TEL:023-693-1211 FAX:023-693-1213
URL: http://www.zao-shikinohotel.jp/en/

Access to ski resort

3 minute walk from Zao Hot Spring Ski Resort
Dining: (Dinner) Japanese (Breakfast) Mixed Buffet
Rooms: (Japanese) 32 (Western) 9



Zao International Hotel

TEL:023-694-2111 FAX:023-694-2113
URL: http://www.zao-kokusaihotel.jp/en/

Access to ski resort

0 minute walk from Zao Hot Spring Ski Resort
Dining: (Dinner) Japanese (Breakfast) Mixed Buffet
Rooms: (Japanese) 39 (Mixed) 4 (Western) 16



Tsutava

TEL:0237-75-2222 FAX:0237-75-2208
URL: http://www.gassan-tsutava.co.jp/en/

Access to ski resort

15 minutes from Gassan Ski Resort by taxi
Dining: (Dinner) Japanese (Breakfast) Japanese
Rooms: (Japanese) 14 (Mixed) 2 (Western) 4



View the Yamagata's traditional Maiko dance

Since long ago Yamagata gaigi have been practitioners of the hospitality culture in Yamagata. The tradition began after the Meiji Restoration (1868) and at its peak had 150 gaigi. However at the start of the Heisei period (1989-2019) there were just a few, and Yamagata maiko took their place as their successors. Maiko perform Yamagata dances to entertain visitors. You can even call them to local restaurants and hotels. Check out the webpages from restaurants and hotels for more information.

http://www.yamagata-cci.or.jp/maiko/lang/en.html



9 Sumikawa Snow Park



Location: National Forest, Aza-Kurashidake, Zaonmachi Toogatta Hot Springs, Kattagun, Miyagi
URL: http://www.zao-sunikawa.jp/ Open: 9:00-16:00 (9:00-16:30 Early March - Early April)
Subject may be changed depending on year, season and plans.

Transportation

60 minutes from Shirosaki Station by taxi or change buses from public (Aone Line) to shuttle bus (90 minutes). From Sendai Station East Exit board Juhyo-go (leaves at 8:20, about 2 hours). For both free shuttle buses and Juhyo-go (paid shuttle buses), reservation is needed. *Reservation: 0224-85-3055

Challenge 32 degree steep "Otomori Wall" and view "Frost-covered Trees" from snowmobile.

This snow park blessed by the finest powder snow has many courses both for beginners and intermediates. There is also a 650 meters long "Atomi A" course for advanced which includes the 32 degree "Atomi Wall". You can also find a terrain park with jump ramps and boxes here. Sumikawa Snow Park offers a variety of activities for everyone. Hop into a snowmobile to enjoy the nature with Cat Tour. Enjoy the three kilometer untouched field from Kattadake's summit with Backcountry Tour. Observe the rare natural artwork of frost-covered trees from snowmobile with an exclusive guide through "Frost-Covered Tree Viewing".



About the Ski Resort

Open Season	Early December - Early April
Course	8
Lift	Two-seater/3
Longest course	3,000m
Elevation	1,400m
Difference of elevation	300m
Maximum angle of inclination	40°
Course Ratio	Advanced Course 20% Intermediate Course 40% Beginner Course 40%
Snowboard	Available
Rental ski	Available
Rental ski	1
Lift Tickets	
One-day tickets	Adults: ¥3,500 Children: ¥2,500
Five-hour tickets	Adults: ¥3,300 Children: ¥2,300
Twelve times ticket	Common: ¥4,300

As of December 2019



* Subject may be changed depending on year, season and plans.

Fireworks (late January every year)

A photograph of three people skiing down a snowy mountain slope. The person in the foreground is wearing a yellow jacket and blue pants. The person in the middle is wearing a blue jacket and black pants. The person in the background is wearing a green jacket and blue pants. They are all wearing helmets and holding ski poles. The background shows a snowy mountain peak and a clear blue sky.

As of December 2019

Hot Spring Village located at Zao's foot Togatta Hot Spring

Located 330 meters high at Zao Mountain's eastern foot this hot spring establishment has over 400 years of history. It has been known as a therapeutic bath for its effect on leg and loin ailments and is used by many to this day. There are two public baths and over 40 accommodations. The site is also famous for its Kokeshi doll craftsmen and handmade tofu shops. Don't wait and enjoy your treat at the storefront!

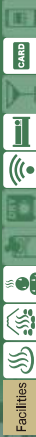
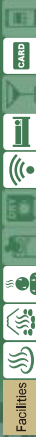
<http://togatta.jp/>

Baden-ya Soho

TEL: 0224-34-3161 FAX: 0224-34-2728
URL: <http://www.baden.co.jp>

Access to Ski Resort 10 minutes from Miyagi Zao

Dining: (Dinner) Japanese (Breakfast) Mixed Buffet
Rooms: (Mixed) 4 (Japanese) 16 (Western) 12



Multiple types of hot springs Naruko Hot Spring Village

Out of ten spring types found in Japan, eight can be found here among the 400 different spring sources. This type of hot spring is rare even by Japanese standards. These springs have been popular since olden days mainly for their therapeutic properties. You can find the sulfur-smelling traditional public bath and many souvenir shops in here. Naruko Hot Spring specialty [Chestnut Dango] is especially delicious.

<http://en.naruko-go.jp/>

Naruko Kanko Hotel

TEL: 0229-83-2333 FAX: 0229-82-2333
URL: <http://www.narukokanko.co.jp>

Access to Ski Resort 30 minutes from Onikobe Ski Resort by Taxi

Dining: (Dinner) Japanese (Breakfast) Mixed Buffet
Rooms: (Japanese) 85 (Western) 11 (Mixed) 3



Oedo-Onsen Monogatari Naruko Onsen Kounkaku

TEL: 0229-82-2277 FAX: 0229-82-2632
URL: <https://kounkaku.oedoonsen.jp/>

Access to Ski Resort 30 minutes from Onikobe Ski Resort by Taxi

Dining: (Dinner) Japanese (Breakfast) Mixed Buffet
Rooms: (Japanese) 75 (Western) 8 (Mixed) 33



Sendai

The beautiful cityscape and tasty cuisine in the city of trees, Sendai, make it perfect for tourism!

The old castle town of Sendai boasts a population of over a million and is the largest city in Tohoku. You can find a lot of interesting shops on old ones to new ones in the shopping streets in downtown. Just walking around can turn out to be a great fun. Historic museums and art galleries are located nearby as well. Here we will introduce the cultural side of the city.



Beef tongue and Sushi roads

Beef tongue and sushi roads can be easily found on the third floor after you leave Shinkansen's central exit of JR Sendai Station. There are four special beef tongue restaurants and six freshest Miyagi's sushi shops.

Kokubun-cho

Kokubun-cho is the biggest nightlife district of Tohoku. It is full of bars and restaurants.



Shiogama

Shiogama is Japan's seafood treasury. World's freshest tuna (maguro) sushi! Make your own "Seafood-don" in the vibrant marketplace!

Shiogama City has been famous for its fishing industry since olden times! It has the highest yield of raw tuna in Japan, while its "Sanriku Shiogama Higashimono" caught from autumn to winter is known as the finest brand. Tourists visiting Shiogama seafood market can find highest quality fish for lowest prices or have a special "Seafood-don" made from self-chosen seafood.



Sendai Pagan of Starlight

An illumination event with hundreds of thousands of LED lights on zelkova trees lining Jozenji and Aoba streets.

Period Early December - Late December



Sendai International Hotel

TEL: 022-268-1111
FAX: 022-268-1113
URL: <http://www.tbu-ski.co.jp/english/>
Dining: (Breakfast) Mixed Buffet
Rooms: (Western) 234



ANA Holiday in Sendai

TEL: 022-256-5111
FAX: 022-256-5211
URL: <https://www.ana.holidayin-sandai.jp/news/information/428>
Dining: (Breakfast) Mixed Buffet
Rooms: (Western) 164



Active Resorts Miyagi Zao

TEL: 0224-34-3600
FAX: 0224-34-3177
URL: <https://www.daiwaresort.jp/global/zao/>

The closest ski resort

Miyagi Zao Eboshi Ski Resort
Dining: (Dinner) Japanese, Chinese Buffet
(Breakfast) Japanese, Chinese Buffet
Rooms: (Western) 193 (Japanese) 100 (Others) 18

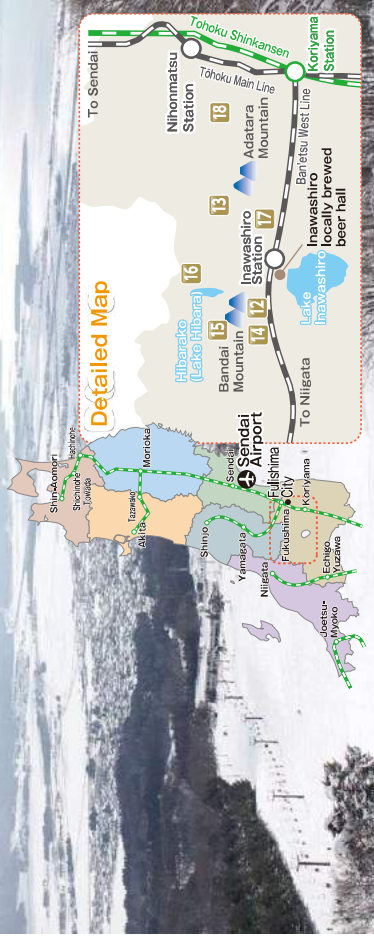


Hotel Metropolitan Sendai

TEL: 022-268-2525
FAX: 022-268-2521
URL: <https://www.jr-hotels.jp/metroplitan/e/>
Dining: (Breakfast) Mixed Buffet or Japanese set
Rooms: (Western) 292 (Japanese) 3



Located in the middle of Fukushima Prefecture Inawashiroko (Lake Inawashiro) is its most popular tourist destination at any time of the year. There are seven ski courses with a variety of slopes in Inawashiro and Bandai.



12 Inawashiro Ski Resort (Chuo x Minero)

Location: Hayama 7105, Inawashiro-cho, Yama-gun, Fukushima
TEL: 0242-62-5100 URL: <https://www.inawashiro-ski.com/>
Working Hours: Monday-Sunday/ 8:30~16:30
Night Time Operations: Friday and Saturday/16:30~23:00
* Subject may be changed depending on year, season and plans.

Transportation 20 minutes from JR Banetsu West Line Inawashiro Station by shuttle bus

Home ski resort having over 60 years of history for Fukushima residents.

Meals on the slope are called "Yuki-meshi."



Nowadays, ski resorts offer a variety of original recipes. How about "Akahani outlet curry and rice with bumps" named after Akahane Giant Slalom? Freshly baked bread is also popular. Just eating can entertain you!



13 Minowa Ski Resort



Location: 194, Agasumayama, Wakamiya, Inawashiro-machi, Yama-gun, Fukushima TEL: 0242-64-3377 URL: <https://www.ski-minowa.jp/>
Working hours: Early December ~ Early April/8:30~16:30 * Subject may be changed depending on year, season and plans.

Transportation One hour with the shuttle bus from Fukushima Station West exit on the JR Tohoku Shinkansen Line *Booking required

Experience the first-rate premium powder snow!

Enjoy the highest quality snow under serene atmosphere at elevation of 1050 meters in base area. You won't forget the unique feeling when you step on this snow. MOSS SnowStick Park was newly established in December 2019.



Hotel Premiere Minowa

TEL: 0120-64-3320
Fax: 0242-64-3842
URL: <http://www.hotel-minowa.jp>

Access to the Ski Resort

0 minute walk to Minowa Ski Resort

Dining: (Dinner) Japanese, Western
(Breakfast) Japanese, Western
Rooms: (Western) 95

Facilities



14 Hoshino Resorts Alts Bandai



□ Location: Aza-Shimizu-daira 6838-68, Oaza-Sarashina, Bandaicho, Yama-gun, Fukushima □ TEL: 0242-74-5000 □ URL: <https://www.alts.co.jp/en/>
 □ Working Hours: Monday-Friday/ 8:30~16:30 Saturday, Sunday & Holidays/ 8:00~17:00 * Subject may be changed depending on year, season and plans.

Transportation 20 minutes from Bandaichou station west exit on the Ban'etsu West Line by the free shuttle bus (Booking required)

One of Japan's big ski resort for beginners to advanced

Alts Bandai, located on the southwest side of Mt. Bandai, is a very popular ski resort due to its relatively high amount of sunny weather. Most courses are smooth and comfortable due to the snow condition being suitable for connection. The snow is suitable for creating a variety of slopes. It has a variety of courses that satisfy beginners to advanced, offers special plans such as "First Ride", which you can enjoy 5 levels of parks and the slopes in the early morning, and "Alts Cat Ride", which allows you to ski on the slopes with fresh non compacted snow. The Hoshino Resort Bandaisan Onsen Hotel is directly connected to the resort, so it is recommended for those who want to ski as much as possible.



About the Ski Resort

Open Season	Middle December - Late March
Course	25
Lift	Two-seater/5 Four-seater/2
Ropeway or Gondola	Capacity/8 1
Longest Course	2,850m
Elevation	Bottom 700m / Top 1,280m
Difference of elevation	580m
Maximum angle of inclination	37°
Course Ratio	Advanced Course 25% Intermediate Course 40% Beginner Course 35%
Night Ski	17:30~21:00
Snowboard	Available
Rental ski	Available
Rest House	2
Lift Tickets	
One-day tickets	Adults:¥4,900 Children:¥2,100
Afternoon tickets	Adults:¥4,400 Children:¥1,600
Night tickets	All ¥1,600

As of December 2019

15 Hoshino Nekoma Ski Resort



□ Location: 1163 Nekomayama, Kitashiobaramura, Yama-gun, Fukushima □ TEL: 0241-32-3001 □ URL: <https://www.nekoma.co.jp/en/>
 □ Working Hours: 8:00~16:00 * Subject may be changed depending on year, season and plans.

Transportation 40 minutes from Iiwashiro station on the Ban'etsu West Line by the free shuttle bus(Booking required)

Enjoying precious micro fine snow

Micro fine snow means fine powder snow brought by the cold air cooled by the lakes and marshes with an altitude over 1,000m. It can maintain a good quality of powder snow because of the location on the northern slopes and the abundant snowfall, so it does not melt easily even during the day. It snows over 20 cm overnight sometimes, the micro-fine snow brings you a "soft" and comfortable slide that make you an addict if you experience it once. It is a precious ski resort where you can experience one of the best powder snows in Japan on a day trip.



About the Ski Resort

Open Season	Early December - Early May
	*There are regular holidays.
Course	11
Lift	Two-seater/5
Longest course	2,100m
Elevation	Bottom 1,027m / Top 1,338m
Difference of elevation	311m
Maximum angle of inclination	33°
Course Ratio	Advanced Course 40% Intermediate Course 30% Beginner Course 30%
Snowboard	Available
Rental ski	Available
Rest House	1
Lift Tickets	
One-day tickets	Adults:¥4,200 Children:¥2,100
Afternoon tickets	Adults:¥3,700 Children:¥1,600

As of December 2019

16 Grandeco Snow Resort

□ Location: Hibara Arasuna Sawayama, Kishichibaramura, Yama-gun, Fukushima □ TEL: 0241-32-2530
□ URL: <https://snow.gurunavi.com/guide/him/r0026ens.htm> □ Working Hours: 8:30~16:00
* Subject may be changed depending on year, season and plans.

Transportation 45 minutes with the shuttle bus from Inawashiro Station on the JR Ban'etsu West Line,
100 minutes with the shuttle bus from Koriyama Station on the JR Ban'etsu West Line.

Grandeco is full of high quality snow!

Grandeco Snow Resort is full of marvelous snow from December to April.

The top snow quality is due the fact that slope area is as high as above 1,000 meters. Can be enjoyed from December to April. Rainbow 3,500, the course of 3,500-meter from the top is recommended for both beginners and children. There are eight other varied courses, in some you can even enjoy dodging trees in your path. Direct route buses run daily from Koriyama Station. You can rent required equipment out of ample preparation.



Urabandai Grandeco Tokyu Hotel

□ TEL: 0241-32-3200
□ Fax: 0241-32-3215
□ URL: http://www.grandeco.com/hotel_resort

Access to Ski Resort

Adjacent to Grandeco Snow Resort

□ Dining:
(Dinner) Japanese or Western dishes,
(Breakfast) Japanese or Western
□ Rooms: (Western) 101 (Mixed) 2



17 Listel Ski Fantasia

□ Location: Listel Park, Oaza-Kawageta, Inawashiro-nachi, Yama-gun, Fukushima □ TEL: 0242-56-4111
□ URL: http://www.listel-inawashiro.jp/snow_season/ □ Working Hours: 8:30~16:30
* Subject may be changed depending on year, season and plans.

Transportation 15 minutes from JR Ban'etsu West Line Inawashiro Station by free shuttle bus.

Only 1 minute walk
from Listel Hotel.

From beginners to advanced.

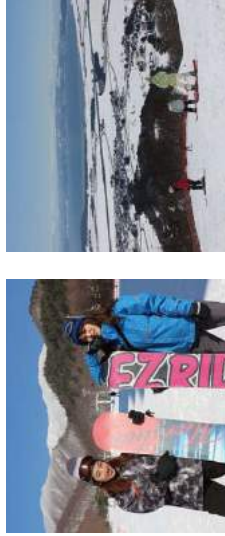
The panorama of Bandai Mountain and Inawashiro Lake is especially charming. It will raise the spirits of both beginner and advanced skiers. We recommend the gentle slope of Royal Christie course for families and beginners. Advanced skiers can challenge the location of Japan's first FIS official W Cup, Duffy course.



About the Ski Resort

Open Season	Late December-Late March
Course	6
Lift	Two-seater/3
Longest course	1,500m
Elevation	871m
Difference of elevation	273m
Maximum angle of inclination	37°
Course Ratio	Advanced Course 40% Intermediate Course 20% Beginner Course 40%
Snowboard	Available
Rental ski	Available
Rest House	1
Lift Tickets	
One-day tickets	Adults: ¥3,600 Children: ¥2,600
Five-hour tickets	Adults: ¥2,500 Children: ¥2,000
Six times ticket	¥1,500

As of December 2019



Hotel Listel Inawashiro

□ TEL: 0242-66-2233
□ Fax: 0242-66-2633
□ URL: <http://www.listel-inawashiro.jp/english2/>

Access to Ski Resort

1 minute walk from Listel Ski Fantasia

□ Dining: (Dinner) Mixed Buffet
(Breakfast) Mixed Buffet
□ Rooms: 370



☐ **Working Hours:** 8:30~16:30 * Subject may be changed depending on year, season and plans:

Transportation 80 minutes from Koriyama station on the JR Tohoku Main Line by the free shuttle bus

Even beginners can enjoy the 1,000 meter long course!

The long course with a 1,000m length has a gentle slope, so even beginners can enjoy it as much as they want. Kids escalators in the kids park are very popular among kids. You can also enjoy tubing. It boasts seven courses that attract many skiers and snowboarders, and outstanding slope conditions.



☐ TEL: 0243-24-2626 ☐ FAX: 0243-24-2619
☐ URL: <http://www.kunugidaira.com/other/english.html>

Access to the ski resort

About 12 minutes to Adatara Kogen Ski Resort by taxi

☐ Dining: (Dinner) Japanese (Breakfast) Japanese

☐ Rooms: (Western) 14 (Japanese) 55 (Mixed) 1



Bandaisan Hot Spring Hotel

TEL: 0570-073-022
URL: <https://www.bandaisan.co.jp/en/>

Access to the ski resort

0 minute walk from Altis Bandai Ski Resort

☐ Dining: (Dinner) Mixed Buffet
(Breakfast) Mixed Buffet

☐ Rooms: (Western) 152



Active Resorts Urabandai

☐ TEL: 0241-32-3111
☐ Fax: 0241-32-3130

□ URL: <https://www.daiwaresort.jp/global/urabandai/>

Access to the ski resort

15 minutes to Grandeco Snow Resort by taxi
20 minutes to Urabandai Nekoma Ski Resort by taxi
(can also use free shuttle buses in both cases)

☐ Dining: (Dinner) Japanese (Breakfast) Mixed Buffet
☐ Rooms: (Western) 143 (Japanese) 76 (Mixed) 8



Kitakata

Town of warehouses and ramen

There are over 4,000 warehouses in Kitakata city, most of them are still used for liquor, miso, soy sauce and grain storage, some are even lived in. They are a interesting sight for anyone interested in Japanese history. Kitakata is also famous for its ramen. There are over 100 ramen shops at the city center, we recommend try and see if you can notice the difference in taste between the establishments.



Transportation

100 minutes from Koriyama Station to
Kitakata station by JR Banetsu West Line

Contact

Kitakata Tourism Association
<http://www.kitakata-kanko.jp>

19 Hakkoda Ski Resort

□ Location: Aza-Kansuzawa 1-12, Arakawa, Aomori city, Aomori
□ TEL: 017-738-0343 □ URL: <http://www.hakkoda-ropeway.jp/english>
□ Working hours: From early December to late February: 9:00-15:70
March-Middle May: 9:00-16:20
* Subject may be changed depending on year, season and plans.

Transportation

80 minutes from Aomori station on the Ou Main Line by the JR bus bound to Skayu Onsen

Non-stick powder snow

You have to go to the top of Tamoyachi-dake Mountain (Mt. Tamoyachi) by ropeway to reach this 5 kilometers long daring Forest Course which goes through many frost covered trees. There are, of course, other courses both for beginner and advanced skiers. The resort will open until themid May. It also offers guided tours and trekking snow shoes for people who want to experience the grand scenery and the non-stick powder snow.



About the Ski Resort

Open Season	Early December -Middle May
Course	5
Lift	Two-seater/2
Ropeway or Gondola	Capacity/101/One
Longest course	5,000m
Elevation	1,324m
Difference of elevation	664m
Maximum angle of inclination	30°
Course Ratio	Advanced Course 20% Intermediate Course 60% Beginner Course 20%
Snowboard	Available
Rental ski	Available
Rest House	5
Lift Tickets	
One-day tickets	Adults:¥3,800 Children:¥2,850
Eleven times ticket	Adults:¥3,150 Children:¥2,300
Ropeway Tickets	
Six times tickets	Adults:¥6,100 Children:¥2,150
Oneway tickets	Adults:¥1,250 Children:¥450

As of December 2019

20 Aomori Spring Ski Resort

□ Location: Aigasawa Kogen, Aigasawa-machi, Nishitsugaru-gun, Aomori
□ TEL: 0173-72-1011 □ URL: <https://aomorispringski.com/>
□ Working hours: From Mid December to Early April 8:30~17:00
* Subject may be changed depending on year, season and plans.

Transportation

About 40 minutes from JR Ou Line Hirotsaki Station by taxi.

3.4 kilometer long course for beginners

There is a 3.4 kilometer long course for beginners at Iwaki Mountain's northern slope, it's popular for its stably piling high quality snow. Directly affiliated snow school has many programs for children, beginners and even advanced skiers.



About the Ski Resort

Open Season	Middle December - Early April
Course	14
Lift	Two-seater/2 (One lift for groups only) Four-seater/2
Ropeway or Gondola	Capacity/6/One
Longest course	3,400m
Elevation	921m
Difference of elevation	525m
Maximum angle of inclination	30°
Course Ratio	Advanced Course 10% Intermediate Course 35% Beginner Course 55%
Night Ski	16:30~21:00 (Middle December ~ Middle March)
Snowboard	Available
Rental ski	Available
Rest House	4
Lift Tickets	
One-day tickets	Adults:¥5,200 Children:¥3,100
Five-hour tickets	Adults:¥4,700 Children:¥2,800

As of December 2019



Hakkoda Resort Hotel

TEL: 017-738-2233
Fax: 017-738-2331
URL: <http://www.hakkouda-resort.jp>

Access to the Ski Resort

1 minute walk from Hakkoda Ski Resort
Dining: (Dinner) Japanese
(Breakfast) Japanese, Western
Rooms: (Western) 4 (Japanese) 22



Rockwood Hotel & Spa

TEL: 0173-72-1011
Fax: 0173-72-1311
URL: <http://www.rockwoodhotel.com>

Access to the Ski Resort

1 minute walk from Aomori Spring Ski Resort
Dining: (Dinner) Mixed buffet
(Breakfast) Mixed buffet
Rooms: (Western) 188



Hotel Jougakura

TEL: 017-738-0658
URL: <http://www.jougakura.com>

Access to the Ski Resort

About 5 minutes from Hakkoda Ski Resort by taxi
Dining: (Dinner) Japanese
(Breakfast) Mixed Buffet
Rooms: (Western) 28 (Japanese) 2
(Mixed) 1



Hotel Grand Mer Sankai-so

TEL: 0173-72-8111
Fax: 0173-72-9111
URL: https://www.hotelgrandmer.com/jg_en/

Access to the Ski Resort

30 minutes from Aomori Spring Ski Resort by taxi
Dining: (Dinner) Japanese
(Breakfast) Mixed buffet
Rooms: (Western) 13 (Mixed) 1
(Japanese) 65



Experience Nebuta while enjoying the richest seafood in Aomori Prefecture.

Aomori Prefecture is surrounded by Tsugaru Strait, Mutsu Bay and Pacific Ocean. Since four ocean currents of varying temperature clash in its vicinity a vast variety of different type of fish can be observed there. Among them is the finest quality maguro (tuna) and scallops. In Aomori Seafood Center you get to taste [Nokke-don] of your own choice by visiting the plenty seafood stands for unique toppings. In Aomori Scallop Huts you can enjoy sashimi, sushi, fried seafood and even fish scallops for your own meal. Aomori is also famous for its Nebuta festival. You can learn much about the history of the region in Nebuta House Wa Rasse.

Nokeddon from [Aomori's Gyosai Center]



Location: Aomori Gyosai Center, Furukawa 1-11-16, Aomori City, Aomori
Tel: 017-763-0085
Transportation: Go straight down Shimmachi-Dori from JR Aomori Station Front Exit. Turn right at intersection in front of Aomori Auga. Look out for a red sign with "Aomori Gyosai Center" written on it. 15 minute walk

Aomori Scallop Hut



Location: Aomori Bldg 1F, Yasu 1-32, Aomori City, Aomori
Tel: 017-752-9454
Transportation: 1 minute walk from JR Aomori Station

Nebuta House Wa Rasse



Location: Yasukata 1-1-1, Aomori City, Aomori
Tel: 017-752-1311
Transportation: 3 minute walk from JR Aomori Station

It is disheartening to enter sushi shops when you don't know the price. [Aomori Sushi Coupon] is here to save you from this situation. With it you will be able to enjoy sushi at finest restaurants at ease and with a discount. You can buy it at many hotels in Aomori City (600 yen). > <http://www.aomori.or.jp/sushi2/coupon.html>

Look out for Aomori's sushi Coupons!

Try out the Asamushi Hot Springs located nearby!

Asamushi Hot Springs are only 20 minutes by train from Aomori Station. It's an old establishment surrounded by beautiful mountains and sea. It's famous for the beauty of Mutsu Bay and its fresh seafood. There are 30 hot spring lodgings in most of which you'll be able to taste Aomori's special cuisine such as scallop.



Recommendation!
[Road Station] Asamushi Hot Springs "Yu-sa" Asamushi
Location: Aza-Horandani 341-19, Asamushi, Aomori City, Aomori
TEL: 017-737-5151 URL: <http://www.yu-sa.jp>
Asamushi Hot Spring tourism website: <http://www.asamushi.com>



21 Gala Yuzawa Ski Resort

Location: Aza-Kayadaira 1039-2, Oaza-Yuzawa, Yuzawa-machi, Minamimurakami-gun, Niigata
TEL: 025-785-6543
URL: <http://gala.co.jp/winter/english/> Working hours: 8:00-17:00 * Subject may be changed depending on year, season and plans.

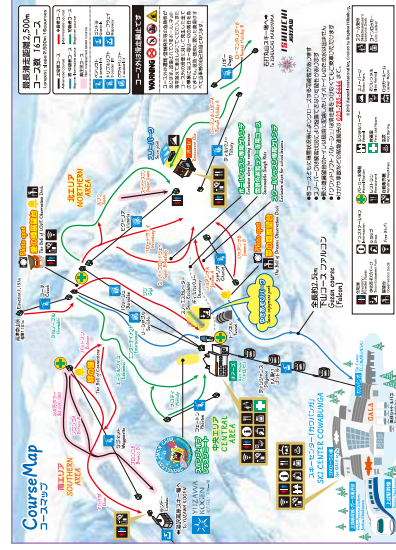
Transportation

0 min from Gala-Yuzawa Station on the Joetsu Shinkansen Line



Go straight from Gala Yuzawa Station to the ski resort by gondola!

The Niigata Prefecture Yuzawa Town's GALA YUZAWA Ski Resort is a place for both beginner and advanced skiers and snowboarders. You can just take JR Joetsu Shinkansen from Tokyo Station and find yourself at Gala Yuzawa Station only 75 minutes later. Being able to go straight to the ski resort from the station by gondola is also very comfortable. You can also rent anything you need at the rental corner.



About the Ski Resort

Open Season	Early December - Early May
Course	16
Lift	Two-seater/4 Three-seater/2 Four-seater/3
Ropeway	Capacity/51/1
Gondola	Capacity/8/1
Longest course	2,500m
Elevation	1,181m
Difference of elevation	823m
Maximum angle of inclination	33°
Course Ratio	Advanced Course 20% Intermediate Course 45% Beginners Course 35%
Night Ski	Non available
Snowboard	Available
Rental ski	Available
Rest House	5
Lift Tickets	
Two-day tickets	Adults: ¥7,800 Children: ¥3,900
One-day tickets	Adults: ¥5,000 Children: ¥2,500
Half day tickets (AM/PM)	Adults: ¥4,000 Children: ¥2,000

As of December 2019



22 Naeba Ski Resort



Location: Mikuni, Yuzawan-machi, Minamionuma-gun, Niigata TEL: 025-789-4117 URL: <https://www.princehotels.com/en/ski/naeba/index.html>
Working Hours: 8:00-17:00 * Subject may be changed depending on year, season and plans.

Transportation 50 minutes from Joetsu Shinkansen Echigo Yuzawa Station by bus bound for Naeba Ski Resort

Entertainment Resort of unique excitement

Naeba Ski Resort is a major ski resort that offers an array of mending fun that goes beyond skiing and snowboarding. It caters to a variety of needs with slopes that include an uncompressed snow area for enjoying powder snow and a park area where visitors of different skill levels can have fun. There are also various facilities such as stores, rental shops, and restaurants, as well as many events and activities. The hotel next door also has a lot to offer, including a beauty-treatment salon. Visitors can also enjoy fireworks launched from the slopes at certain times!



About the Ski Resort

Open Season	Early December - Early April
Course	22
Lift	Two-seater/5 Six-seater/5
Gondola	Four-seater/1
Longest course	4,000m
Elevation	1,789m
Difference of elevation	889m
Maximum angle of inclination	32°
Course Ratio	Advanced Course 30% Intermediate Course 40% Beginners Course 30%
Night Ski	15:00-20:30 (Mid December - Late March)
Snowboard	Available
Rental ski	Available
Rest House	6
Lift Tickets	
One-day pass	Adults: ¥5,200 Children: Free
Afternoon & Night pass	Adults: ¥5,200 Children: Free
Two-hour pass	Adults: ¥3,900 Children: Free
Five-hour pass	Adults: ¥4,700 Children: Free

As of December 2019

23 Akakura Kanko Ski Resort



Location: Tagiri 216, Myoko City, Niigata TEL: 0255-87-2503 URL: <https://www.snowjapan.com/japan-ski-resorts/akakura-kanko-resort>
Working hours: 8:30-16:30 * Subject may be changed depending on year, season and plans.

Transportation 10 minutes from Myoko-Kogen Station on the Myoko Haneuma Line by bus and taxi

The first international ski resort in Japan

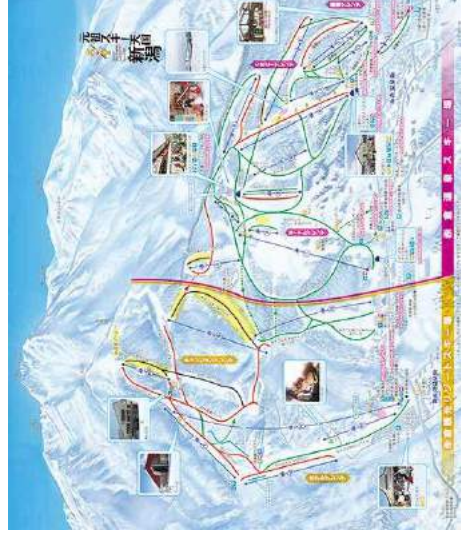
The first international ski resort in Japan AKAKURA Kanko Ski Resort) was established back in December 12, 1937. Enjoy the 4 kilometers long cruising from the hotel's 5th lift exit. There is a fully established free ride park inside the course. We also have a sliding place for children "Chibikko Hiroba (Kids Zone)", who are too young for the slope.



About the Ski Resort

Open Season	Middle December - Early May
Course	10
Lift	Four-seater/6
Ropeway or Gondola	Capacity 6/1
Longest course	1,200m
Elevation	1,500m
Difference of elevation	800m
Maximum angle of inclination	32°
Course Ratio	Advanced Course 30% Intermediate Course 30% Beginner Course 40%
Snowboard	Available
Rental ski	Available
Rest House	5
Lift Tickets	
One-day tickets	Adults: ¥4,800 Children: ¥3,500
Half-day tickets	Adults: ¥3,300 Children: ¥2,300

As of December 2019



24 Myoko Suginohara Ski Resort

Location: Suginohara, Miyakojima City, Niigata TEL: 0255-86-6211 URL: https://www.princohotels.com/en/ski/myoko_kogen/
Working hours: Monday-Friday: 8:30-16:30 Saturday-Sunday-Holiday: 8:00-16:30 * Subject may be changed depending on year, season and plans.

Transportation
20 min with bus and 15 min with taxi from Myoko-Kogen Station on the Myoko Haneuma Line

You can see Mount Fuji on clear days!

The huge 8.5 kilometers long and with 1,124m difference between the top and bottom ski resort composed from both Suginohara and Mitahara areas. You can see Mount Fuji from it on clear days. Access is easy through Joushinetsu Expressway only 5 kilometer (10 min) from Myoko Kogen IC.



About the Ski Resort

Open Season	Late December - Late March
Lift	17
Two-seater/2	Four-seater/2
Ropeway or Gondola	Capacity/8/1
Longest course	2,500m
Elevation	1,855m
Difference of elevation	1,124m
Maximum angle of inclination	38°
Course Ratio	Advanced Course 20% Intermediate Course 40% Beginners Course 40%
Snowboard	Available
Rental ski	Available
Restaurant	4
Lift Tickets	
One-day tickets	Adults: ¥4,800 Children: Free
Two-day tickets	Adults: ¥8,800 Children: Free
Four-hour pass	Adults: ¥3,900 Children: Free

As of December 2019



NASPA New Otani

TEL: 025-780-6111
Fax: 025-780-6223
URL: <https://www.respa-newotani.com>

Access to the ski resort

8 minutes to Gala Yuzawa Ski Resort by shuttle bus
Dining: (Dinner) Japanese, Western, Buffet
(Breakfast) Buffet
Rooms: (Western) 20 (Japanese) 69
Mixed) 25 (Others) 9



Hotel Futaba

TEL: 025-784-3357
Fax: 025-784-2652
URL: <https://www.hotel-futaba.com/en/>

Access to the ski resort

5 minutes to Gala Yuzawa Ski Resort by taxi
Dining: (Dinner) Japanese, Western
(Breakfast) Buffet
Rooms: (Japanese) 78 (Western) 2



Akakura Hotel

TEL: 0255-87-2001
Fax: 0255-87-2033
URL: <https://akakurahotel.webnode.jp/>

Access to the ski resort

3 minute walk to Akakura Kanko Ski Resort
Dining: (Dinner) Japanese, Western
(Breakfast) Mixed Buffet
Rooms: (Western) 25 (Japanese) 12 (Mixed) 63 (Others) 3



Echigo Yuzawa HATAGO Isen

TEL: 025-784-3361
Fax: 025-784-2013
URL: <http://hatago-isen.jp/OLD/en/index.html>

Access to the ski resort

7 minutes to Gala Yuzawa Ski Resort by shuttle bus
Dining: (Dinner) Japanese
(Breakfast) Japanese
Rooms: (Mixed) 13 (Japanese) 3



Akakura Kanko Hotel

TEL: 0255-87-2501
Fax: 0255-87-2678
URL: http://www.akakurahotel.com/e_introduction.html

Access to the ski resort

3 minute walk to Akakura Kanko Ski Resort
Dining: (Dinner) Japanese, French
(Breakfast) Japanese, Western
Rooms: (Western) 45 (Japanese) 3 (Others) 28



Hotel Alpen Brick

TEL: 0255-86-3180 Fax: 0255-86-4235
URL: http://www.alpen-brick.com/blog/images/alpen_E_1022.pdf

Access to the ski resort

0 minutes to Myoko Suginohara Ski Resort
Dining: (Dinner) Japanese, Western
(Breakfast) Japanese, Western
Rooms: (Western) 30 (Japanese) 6 (Mixed) 70 (Others) 2



Echigo Yuzawa Hot Springs

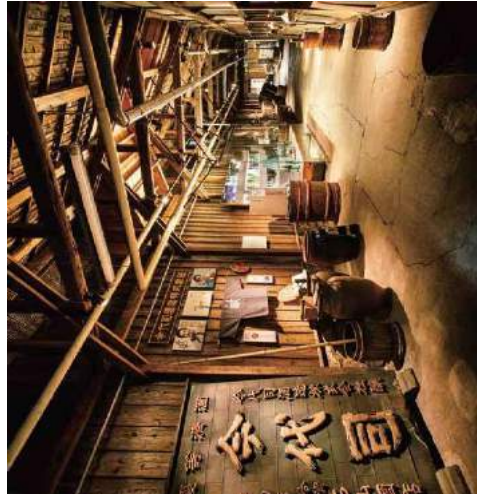
Hot springs with 800 years old of history.

Yuzawa Town is famous for its six public hot spring baths. It is easily accessible with Shinkansen and cars, it's a perfect place to rest one's body after strenuous skiing and snowboarding.

<https://www.snow-country-tourism.jp/>

Contact ● (One company) Echigo-Yuzawa Onsen hot spring Tourist Association
TEL: 025-785-5353





A trip to Niigata's sake storehouses which is sake producing district

Niigata Prefecture has perfect weather, rice and water for alcohol distillation. On top of that, it is the home of Japan's finest brewing masters group [Echigo Touji]. Their sake is known for its beautiful look and elegant taste. From the famous Koshino Kanbai, Simehara Tsuru, Kubota, Sechuubai, Hakkaisan, Koshino Kagetora to the less known local brands of Inayoi Tsukasa, Semo Kaze, Echigo Tsurukame, Koshiji Fubuki, Kakurei, Koshino Tsuru can be found here. Finding a new favorite brand is one of the sake's storehouse tour's highlights. Finest taste guaranteed for sake is kept in best conditions in such storehouses.



Akakura Hot Springs

Japan's only hot springs that Han (clan) operated at the time.

Akakura Hot Springs are well known for their two different spring types. Apart from the usual recuperation of neuralegia, rheumatism, stiff shoulders, back pain and fatigue, they are also known for their positive effects on skin and wound healing. Akakura's springs come from Japan's Hyakumeizan (Mountain of a hundred names) Myoko Mountain. Due to the original temperature and distance from the source the temperature of bath water is always at constant 42°C. The establishment is called by respectful names such as "Skin Beauty Water", "Natural Lotion", "Naturally Blessed Perfect Temperature" and "Sprint Springs".



Tookamachi Snow Festival

Transportation
10 min walk from Tokamachi station on the Hokuto Express Line and JR Iiyama Line

Location: Tokamachi, Niigata
TEL: 025-757-5300
URL: <http://snowfes.jp>
Period: Middle February

Light-up of 60 snow sculptures

The city of Tokamachi is known as the origin of the modern snow festival. The snow sculptures created by residents are amazing and appear beautiful when illuminated at night. Visitors can enjoy warm hospitality at the festival sites called hiroba, that are located here and there throughout the city. There are also fun events at the main arena, including a tea ceremony and music events held in the snow, novel ways to play in the snow, and daytime camping in the snow.

Transfer information in Tohoku area

You can check train, airplane, bus, and ferry routes, fares, and travel hours (external sites).

We are modifying the site according to the information and data given by the railway and bus companies. Please pay attention not the price might change.

From Current Location
To Current Destination
Departure and Bus Stop/Hotel Spot
Departure and Bus Stop/Hotel Spot

Date (Selecting the current time)

11/12/2018 17:00

Departure

Arrival

First Train

Last Train

Options

Nothing

Wide Speed

Normal

SEARCH

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Please check here for further details

► <https://www.tohokukanko.jp/en/transport/list.html>



Free pass tickets for express buses

『TOHOKU HIGHWAY BUS TICKET』

The TOHOKU HIGHWAY BUS TICKET (2-day or 3-day pass) offers unlimited use of selected highway and local buses in six prefectures of the Tohoku area, such as Aomori, Akita, Iwate, Yamagata, Miyagi and Fukushima. The pass is perfect for a visit to Tohoku.

Two-days tickets	Three-days tickets
¥6,000	¥8,000



Please check here for further details

► <https://japanbusonline.com/en/CourseDetail/index/>



"JR EAST PASS (Tohoku area)", a free pass ticket that offers you great value for traveling to Japan for 5 days, all-you-can-ride on JR East!

You will be able to use standard seats of Shinkansen within the unlimited area as much as you want (there are exceptions). The pass is valid for 14 days since its date of issue, you can choose any five out of them. It is very convenient and economical. Be welcome to use it.

The ticket price (sold in domestic)

As of December 2019

Adult (over 12 yrs) ¥20,360

Child (6 to 11 yrs) ¥10,180

Purchase qualification

Only for foreign citizens who has a passport other than Japan (short-term stay within 90 days in Japan) are eligible. Required to show the passport at the time of exchange / purchase.

Please check here for further details

<https://www.jreast.co.jp/multi/pass/eastpass.html>